

Saltash Area Newsletter

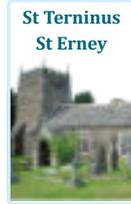
April 2026



St Michael Landrake



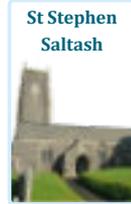
St Mary Botus Fleming



St Terninus St Erney



SS Nicholas & Faith, Saltash



St Stephen Saltash



SS Leonard & Dilpe, Landulph

Love God, Serve People, Make Disciples. www.saltashteamministry.org

Growing in Hope

April arrives with that unmistakable sense of the world waking up again. The light stretches further into the evenings, the hedgerows begin to stir, and the Church steps into the radiant season of Easter. It's a time that reminds us that God is always doing something new – often quietly, often slowly, but always faithfully.

Over the past few months, I've seen signs of growth across our churches that have encouraged me more than I can say. Not the kind of growth that makes headlines, but the kind that transforms lives and strengthens communities from the inside out.

Seven people from our Benefice are currently taking part in the Foundations in Christian Ministry course – a remarkable number for churches of our size. Recently they've been exploring the Wesleyan Quadrilateral, a helpful way of thinking about how Christians listen for God's guidance. It reminds us that our faith is shaped by four interconnected sources:

- Scripture – the story of God's people and God's work in the world
- Tradition – the shared wisdom and practices handed down through the Church
- Reason – the God-given ability to think, question, and discern
- Experience – the ways we encounter God in our own lives and communities

Each of these offers a different perspective, and together they help us grow in depth, confidence, and understanding. It has been inspiring to see our Foundations participants engaging with these ideas and discovering how they enrich everyday faith.

Alongside this, many of you joined us for the Lectio Course, going deeper into praying with Scripture. It has been beautiful to see people discovering new ways of listening to God, finding fresh meaning in familiar passages, and realising that prayer is not something we perform but a relationship we grow into. These moments – quiet, reflective, shared – are the soil in which faith deepens.

Coming Up

Wednesday 8 April

10am, St Stephen's Church
Coffee, Cake & Chat

Monday 13 April

7pm, St Stephen's Church
MOSSAF

Tuesday 14 April

2pm, St Stephen's Church
Mothers' Union

Wednesday 15 April

6pm, St Stephen's Church
Burger Night

Friday 17 April

Noon – START

Saturday 18 April

11am to 2pm
SSNF Church Rooms
Toasted Sandwiches

Monday 20 April

2pm to 4pm
SSNF Church Rooms
Craft Afternoon

Saturday 25 April

7pm, St Michael's Church
Burraton Boys Concert

Saturday 2 May

11am to 2pm
SSNF Church Rooms
Bacon Butties

HOLY WEEK AND EASTER DAY SERVICES

Spy Wednesday, 1 April

10.00am Holy Communion, St Stephen's

Maundy Thursday, 2 April

6.00pm Holy Communion, St Michael's

7.30pm Holy Communion, SS Nicholas & Faith

Good Friday, 3 April

10.00am Walk of Witness (SCT)

2.00pm Stations of the Cross, Landulph

Easter Sunday, 5 April

6.30am Sunrise Service, Celtic Cross (SCT)

9.30am Morning Worship, St Michael's

10.00am Family Worship, St Stephen's

10.00am Holy Communion, Landulph (joined by Botus)

10.15am BCP Holy Communion, St Erney

10.30am Holy Communion, SS Nicholas & Faith

6.30pm BCP Evensong, St Mary's



APRIL SERVICES

Holy Week and
Easter Day Services on p1

Low Sunday 12 April

St Michael, Landrake
10am United Service

Sunday 19 April

St Michael, Landrake
9.30am Holy Communion

St Stephen-by-Saltash
10am Morning Worship
6pm Evensong

St Leonard & St Dilpe, Landulph
10am Morning Worship

St Erney, Landrake
10.15am Matins

St Nicholas & St Faith, Saltash
10.30am Holy Communion

St Mary, Botus Fleming
11.15am Morning Worship

Sunday 26 April

St Michael, Landrake
9.30am Morning Worship

St Stephen-by-Saltash
10am Holy Communion

St Nicholas & St Faith, Saltash
10.30am Morning Worship

St Mary, Botus Fleming
11.15am Morning Worship

Wednesdays

St Stephen-by-Saltash
10am Holy Communion 1, 15 Apr
Morning Worship 22 Apr

2pm Firefighter Memorial
Service 22 Apr



And there are other signs too. New faces at services. People returning after time away. Conversations that hint at curiosity, longing, or a desire to reconnect. Small steps, perhaps, but every resurrection story begins with something small: a dawn, a whisper, a stone rolled back.



As we move through April, I want to encourage you to keep noticing where God is at work – in you, in one another, and in our communities. Celebrate the small steps. Honour the hidden faithfulness. And don't underestimate the impact of your presence, your prayers, and your willingness to grow.

We are Easter people, not because we have everything sorted, but because we trust that God is still writing our story. And right now, that story is one of deepening faith, renewed hope, and gentle, steady growth.

Dursona,

Rev'd Laura



Regular weekly practices continue and a visit to Rowan House on the evening of 18 March was really enjoyable for all concerned. That day temperatures had been 19 degrees and the daffodils from Botus were in tune with the words from *Flow Gently, Sweet Afton*. The chorus of *Royal Britannia* was sung joyfully and was followed by *Blessed Assurance*.

The choir will be at Landrake for Low Sunday and at the **Fireman's Service on 22 April at St Stephen's at 2pm**. We are focusing our talents to ensure the afternoon will be a fitting tribute to the Saltash families and the national support of The Fireman's Union for their generosity.

Recent Events

Mothers' Union



Our Mothers' Union meeting in March began with prayers to reinforce our commitment to the Union and a special prayer for peace in this troubled world. There were 11 members present and some had brought along items to show to our guest speaker, Eric Distin. Amongst various items were a nurse's silver belt, jewellery, figurines, a picture silver cutlery and ceramics. We spent a really interesting hour learning about the history and talking about how we had acquired such items. Eric has such knowledge and we are grateful to him for spending time with us and bringing back happy memories. Of course, our afternoon finished with tea and a cake, kindly baked by Pauline.

Next month on Tuesday 14 April at 2pm in St Stephens Church we will hold our AGM. We are open to enrolling male and female members – you just need to be baptised to join. As members of the Church family we continue to support and promote family life both at home and abroad through prayer and service.

MOSSAF

We enjoyed a wonderful start to our 2026 calendar at the Ploughboy, where we spent the evening catching up with one another over a drink. It was a pleasure to officially welcome our newest member, Russell, bringing our total membership to a strong 17 for the forthcoming year.

Our next gathering will take place on Monday 13 April at 7pm in St Stephen's Church. We are incredibly honoured to welcome Bishop David, the Bishop of Truro, as our special guest speaker for the evening.

Given Bishop David's leadership and his deep commitment to our Cornish communities, it promises to be an enlightening and inspiring session. Whether you are a long-standing member or just curious about our group, we would love to see you there.



As always, new members are very welcome to join our growing group. You are also more than welcome to simply attend for the evening for a £1 sub. Please contact Steve Hookway if you need any further details (stevenhookway@hotmail.com).

St Stephen's Table Top Sale

The table top sale raised an amazing £463.33 for church funds. Thanks to everyone who helped and supported.

Easter Quiz



1. Judy Garland stars alongside which classic movie star in Hollywood musical *Easter Parade*?
2. Who wrote the music for rock opera *Jesus Christ Superstar*?
3. What item does the rabbit in Lewis Carroll's *Alice In Wonderland* always carry with him?
4. In 2012, the record was broken for the most expensive non-jewelled chocolate egg sold at auction. How much was it?
5. Which country refers to the Thursday before Easter as 'Green Thursday'?
6. Easter Island is part of which country?
7. How tall was the tallest chocolate Easter egg ever created?
8. Which hazelnut chocolate had a famous TV advert featuring an ambassador's party?
9. Which famous mountain is the logo of Toblerone?
10. *He's Alive* was an Easter hit for which country music star?

Answers on p4

Botus Fleming Pasty Lunch



The lunch made £320. Thanks to Heidi and Rob Cory.

Saltash foodbank

Bank the Food

Point your mobile phone camera at this QR code. Click the link to download the 'Bank the Food' App. This will enable you to see which items Saltash Foodbank needs now!

Make a difference!

Please donate food at Waitrose, Lidl, the Co-op or at the back of St Stephen's or SSNF Churches and/or donate money via the Foodbank website:

saltash.foodbank.org.uk/give-help/donate-money



Part One of the Windsor Leadership Women in Leadership Programme



Last month I found myself once again walking through the Henry VIII Gate into Windsor Castle, this time for Part One of the **Windsor Leadership Women in Leadership Programme**. Having completed the **Emerging Strategic Leaders Programme** in 2022, it felt a bit like coming home – only with a definite sense of “goodness, this is really quite serious now.”

A Competitive Selection

Windsor Leadership programmes aren't something you simply sign up for – you're **selected**. There's a proper application, clear criteria, and a competitive field. I was genuinely honoured to be recommended by **Bishop David**, and I certainly didn't take it for granted. When the acceptance email arrived, it felt like a real affirmation of the leadership others see in me, as well as the leadership I'm growing into.

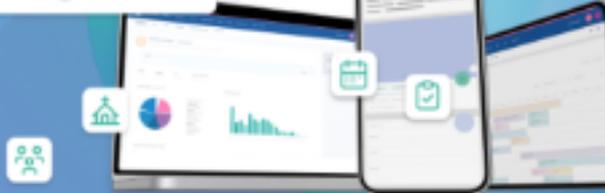
A Seriously Impressive Mix of People

The information pack describes the cohort as “a diverse group... identified as having the potential to reach the most senior leadership positions,” and that was absolutely true. Everywhere I turned there were senior leaders carrying enormous responsibility – Naval Commanders, Army Lieutenant Colonels, RAF Wing Commanders, directors from the MoD, Cabinet Office and Home Office, NHS leads, CEOs, policy specialists, tech innovators, agricultural strategists, and yes, church leaders too.

It felt a bit like being dropped into a cross-sector Avengers team, but with better coffee and more reflective journaling.

Because the programme operates under the **Chatham House Rule**, I can't name anyone – but imagine a room where everyone understands the weight of leadership. Conversations went straight past the surface and into the real stuff: pressure, ethics, courage, doubt, and the complexity of leading well. →

Software that supports
your church, extends
God's kingdom



Stay Connected with Us Please Sign Up to ChurchSuite

If you haven't yet added your details to ChurchSuite, can I gently encourage you to do so. It's the safest and most secure way for us to store your contact information, and very soon it will become the only way we communicate with the church family about services, events, pastoral updates, and weekly news.

When you register, please make sure you tick the box giving us permission to email you. Without that consent, we're not legally allowed to send you the weekly news sheet or any other updates – even if you've been part of the church for years. It only takes a moment, and it really helps us stay connected and care for our community well.

Rev'd Laura

Sign up: saltashteamministry.org/churchsuite.html

Answers to Quiz on page 3: 1. 17 March. 2. Andrew Lloyd Weber. 3. A pocket watch. 4. £7,000. It weighed over 50kg and was made with Amedei Chocolate, edible Gold leaf and included truffles, smaller chocolate eggs, chocolate bars and white flowers. 5. Germany. 6. Chile. 7. 10.39m tall. It was measured while on display in a shopping centre in Italy in 2011. 8. Ferrero Rocher. 9. Matterhorn. 10. Dolly Parton.

← The Leadership Challenges We Dug Into

Before arriving, we each had to prepare an **Individual Leadership Challenge** – something personal, not operational. In our small syndicate groups (described in the pack as places for “open and honest debate”), we explored things like:

- navigating male-dominated spaces
- the emotional labour of leadership
- the fear of stepping up – and the fear of not stepping up
- the invisible barriers women still face
- the quirks of organisations that help or hinder progression

It was honest, stretching, and surprisingly freeing.

Three Days That Felt Like a Month

Part One is a full three-day residential inside Windsor Castle. The agenda is full: syndicates, plenaries, external speakers, reflection time, a chapel tour, and even the chance to attend Evensong. It's intense, but in the best possible way. We gather again in October to see how things have changed over six months.

Reflection, Reflection, Reflection

One of Windsor Leadership's real gifts is creating space to stop. The blurb calls it “an invaluable opportunity... to pause, look inwards,” and that's exactly what it is. The history, the quiet, and the sense of purpose make reflection feel natural rather than indulgent.

A Moment Straight Out of 'The Crown'

If you've watched **Season 3, Episode 7 of *The Crown***, you'll have seen St George's House in its early days. It was co-founded by **Prince Philip** as a place for deep thinking and moral reflection — and it still carries that atmosphere.

To make the week even more special, **Dame Sarah Mullally**, also a Windsor alumna, was being **installed as the Archbishop of Canterbury** while we were there. It felt like a quiet thread of continuity: women stepping into historic roles, shaping institutions once closed to us.

Please Do Ask Me About It

Because of the Chatham House Rule, I can't share others' stories — but I'd love to talk about what I learned and how it's shaping my leadership. If you're curious about any of it (or just want to know what it's like staying inside the walls of Windsor Castle), please grab me for a chat.

Rev'd Laura



Lord, who createdst man in wealth and store,
Though foolishly he lost the same,
Decaying more and more,
Till he became
Most poor:
With thee
O let me rise
As larks, harmoniously,
And sing this day thy victories:
Then shall the fall further the flight in me.

My tender age in sorrow did begin:
And still with sicknesses and shame

Thou didst so punish sin,

That I became

Most thin.

With thee

Let me combine,

And feel thy victory:

For, if I imp my wing on thine,
Affliction shall advance the flight in me.

by George Herbert

This poem is supposed to be printed sideways on the page to look like wings. However if you're viewing the newsletter on a screen you would get a stiff neck trying to read it!

Resurrection Light

**Risen Christ,
when darkness overwhelms us
may your dawn beckon.**

**When fear paralyses us
may your touch release us.**

**When grief torments us
may your peace enfold us.**

**When memories haunt us
may your presence heal us.**

**When justice fails us
may your anger ignite us.**

**When apathy stagnates us
may your challenge renew us.**

**When courage leaves us
may your spirit inspire us.**

**When despair grips us
may your hope restore us.**

**And when death threatens us
may your resurrection
light lead us.**

Amen.

Our Church Saints

Andrew Barrett kindly offered to write about (and illustrate) this month's Church Saint

Landulph: St Dilpe

Landulph Church is dedicated to two saints: St Leonard and St Dilpe. St Dilpe is of Celtic origin and gives his or her name to the parish: Landulph, meaning the sacred enclosure of Dilpe. But who was St Dilpe?

Over the centuries, the name of Landulph's Celtic patron has been altered from its original form and recorded variously as Dilit, Dilic, Dylt, and Delech. All of these provide a possible link to St Dilic, a female Christian missionary of the 5th or 6th century AD.

St Dilic is believed to have been one of the many children of Brychan, the legendary Welsh king of Powys, who gave his name to Breconshire. Brychan's twenty-four children are said to have landed on the north coast of Cornwall and spread Christianity throughout the Southwest of England.

In addition to her association with Landulph, there was once a St Dilic's Chapel in St Endellion parish, and a place called St Dellec in Brittany.

The Celtic saints often travelled by water in lightly built coracles, and this was likely the form of transport used by St Dilic as she navigated the waters of the Tamar estuary in search of a place to settle. She found such a site where the present church

still stands, which was originally on the edge of a small creek until a sea wall was constructed across the mouth of the creek in 1810.

Today's churchyard boundary reflects the outline of the original Lan – the sacred enclosure – formed by creating a loop of earthen bank drawn inward from a low cliff that once formed part of the foreshore. Some such enclosures were monastic in origin, while many others were

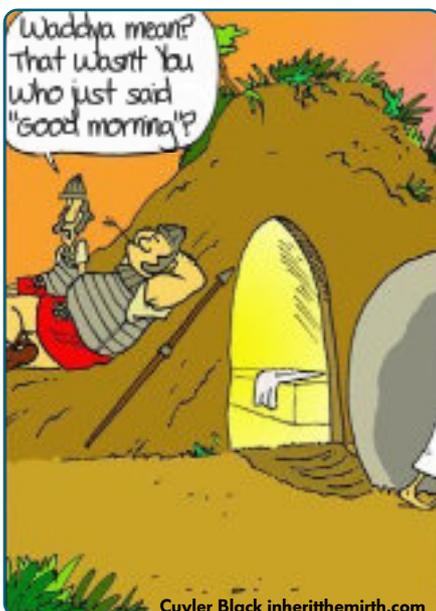
simply burial grounds containing a small oratory, a nearby well suitable for baptism, and either a wooden or stone cross.

To dedicate the church for the preaching of the Gospel and the celebration of the Eucharist, the local saint would traditionally spend forty days in prayer and fasting.

It was once common for local girls to be named after their patron saint, and this custom was still in practice a thousand years after the life of Dilic.

In the 16th century, for example, Delicta Moone and Delicta Freethy were baptised at Landulph.

By the Middle Ages it had become fashionable to rededicate churches to more widely recognised saints, and by 1346 St Leonard had become joint patron. Both saints were once depicted in painted murals at the east end of the church, but these were sadly defaced during the Reformation of the 16th century.



Cuyler Black inherithemirth.com

Coffee, Cake & Chat

Wednesday 8 April and every 2nd Wednesday
10am to 11.30am in St Stephen's Church



Burger Night

Wednesday 15 April
6pm for 6.30pm
St Stephen's Church



Beef, chicken or veggie burger with side dishes
followed by luxury chocolate fudge cake.

£13 pp. Please pay by 5 April.

More info: saltashteamministry.org/burger-night.html

Toasted Sandwiches

11am to 2pm, Saturday 18 April
St Nicholas & St Faith Church Rooms



Craft Afternoon

Monday 20 April and every 3rd Monday
2pm to 4pm in SSNF Church Rooms



Burraton Boys Concert

Saturday 25 April at 7pm, St Michael's Church
£10 includes a light supper



Celebrating 2026 St Piran's Award



Caroline Norris, together with her husband Simon, has been awarded the St Piran's Cross in recognition of their long-standing commitment to the parish of Landrake with St Erney and their exceptional contribution to Creation Care.

Caroline has played a central role in parish life for many years, offering steady, practical service that has strengthened both the church community and its relationship with the wider village. Alongside her work as a PCC member, fundraiser, and Local Worship Leader, Caroline has been instrumental in supporting the Parish Pantry, helping ensure that families in need receive regular, confidential, and compassionate support.

Her commitment to caring for people goes hand-in-hand with her care for the natural world. Together with Simon, she has helped shape a thoughtful, sustainable approach to the churchyard and surrounding land – from supporting wildlife habitats to nurturing the Community Vegetable Plot, which now provides fresh produce for local families. The citation for their award highlights the depth and breadth of their service: welcoming visitors, assisting with family history enquiries, supporting community projects, and ensuring worship continues during clergy shortages. Their work embodies a quiet faithfulness that has enriched the life of the parish for decades.

Bacon Butties

10am to 1pm, Saturday 2 May
St Nicholas & St Faith Church Rooms

Start the day with
friends and a bacon
buttie at St Nicks
then visit the May Fair

